

Elizabeth Baddour

EDUCATOR · HUMAN DEVELOPMENT · FACILITATOR



CONTACT

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EDUCATION AND TRAINING

M.Sc. Bilingual Education

*Lehman College, City
University of New York*

Bachelor of Arts

*Indiana University
Bloomington*

Movement-Based Expressive Arts Therapist

Tamalpa Institute

Art Therapist

*Primera Escuela de Arte
Terapia, Buenos Aires*

LANGUAGES

Spanish *Native*

English *Fluent*

Italian *Conversational*

PROFILE

An enduring interest in how people make sense of themselves and the worlds they inhabit has shaped my path across education, therapy, and creative practice.

Drawing on a life and career across cultures, I work at the intersection of learning, development, and the transitions that accompany growth and change.

EXPERIENCE

Therapist | Private Practice

2016 — Present

Established and maintain an international referral-based practice focused on questions of identity, relationship, and meaning.

Co-Founder & Facilitator

Rhythmus

Co-created and facilitated a six-week experiential program integrating movement, creative expression, and reflective group work. Designed and led workshops exploring embodiment, creativity, and personal development within a collaborative learning environment.

Educational Consultant

2014 — 2016

Buenos Aires, Argentina

Designed and facilitated learning programs for students and professionals in multicultural educational settings, supporting communication, critical thinking, and intercultural understanding.

Zurich International School

2011 — 2013

EAL Teacher (English as an Additional Language), K-5

Developed language support programs for multilingual students and collaborated with faculty across diverse cultural and linguistic contexts. Contributed to student wellbeing initiatives and experiential learning activities.

American International School of Budapest

2009 — 2010

Classroom Teacher

Designed inquiry-based learning experiences and contributed to student development initiatives within an international educational environment.

P.S. 128 The Audubon School

2007 — 2009

Bilingual Teacher (Spanish & English) · New York

Provided bilingual instruction and supported diverse student populations in an inclusive learning environment.